

Holiday Camps

Example Schedule

Multi-sports (ages 8 - 12)

TIME	ACTIVITY
9.30 - 10.00	Warm up
10.00 - 11.00	Inflatable obstacle course
11.00 - 11.10	BREAK
11.10 - 12.00	Kwik cricket
12.00 - 13.00	LUNCH
13.00 - 14.00	Basketball
14.00 - 14.10	BREAK
14.10 - 15.00	Hockey
15.00 - 16.00	Tag rugby
16.00 - 16.30	Cool down & Finish

